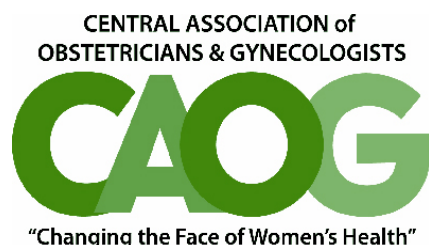


May 2025

www.caog.org



# Quarterly NEWSLETTER

## Message from the President. . . .

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### Special points of interest:

- Call for discussants to be emailed in June
- Recruit a new CAOG member today for Registration Rebate
- Unpaid dues kindly requested ASAP
- Thanks to every 2025 PTO Contributor
- Las Vegas Registration Form and Preliminary Program enclosed

### Hello everyone!

I hope this finds you well and enjoying a beautiful spring wherever you are located. Here in central Missouri, we are enjoying lovely spring flowers and green landscape I can only compare to my experience in Ireland. Folks have been busy submitting abstracts for the upcoming 92<sup>nd</sup> Annual CAOG Meeting:

**October 15 – 18, 2025  
Caesars Palace, Las Vegas, NV**

The abstract deadline was extended to May 19. In the future try to submit one and encourage colleagues and trainees to do the same. We have arranged a strong series of sunrise lectures and hot topic speakers, following the needs assessment survey you all completed at the end of our brilliant Indianapolis meeting. (We would have used them all but ran out of conference days.)

Our Keynote speaker will be Dr. Karen Florio who is an internationally recognized Cardio-Obstetric expert and Principal Investigator of the multi-center NIH-funded HOPE Study. She is a dynamic and enthusiastic speaker and will speak on “Maternal Mortality and the Need for Cardio-Obstetrics.” My Presidential Address entitled “Authentic Leadership: Living with Balance, Leading with Purpose,” will share lessons in leadership I have learned along the way, with hopes of providing inspiration during a tumultuous time for us in healthcare. I consider all of us leaders in one way or another, for as John

Adams said, “If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

One of the unique aspects of our meeting is our consistency and passion for mentoring. The enthusiasm of our faculty to support medical students and physicians in residency training is admirable. Our “Meet the Residency Program Director” session last year was highly successful, so we will be repeating that plus expanding to include current residents in training. I am confident that our dedication to education and mentorship will continue to shine through. There will be excellent networking opportunities, with many sponsors from industry attending also whom we thank in advance for their continued support.

In summary, our venue looks fantastic, and I am anticipating we will not only have a stellar scientific and education program but opportunities for some not-work fun also. One of the best things about Central meetings is that science is just the first half of the day. Then you have the afternoon and evening to explore the sights of our host city and spend time with friends, colleagues, and mentors. As for fun...It’s Vegas! I look forward to seeing you all in October!

Jean Ricci Goodman, President



Jean R. Goodman, M.D.

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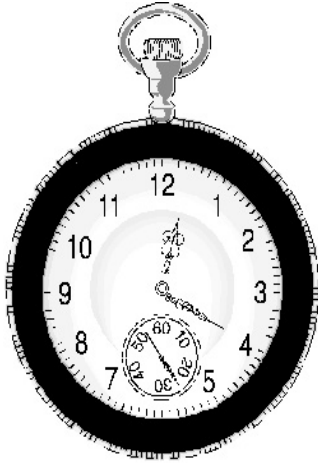
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Join us on X, formerly Twitter @TheCAOG Questions? andrew.wagner@nm.org

## What Happens in Vegas – STAYS IN VEGAS



**FYI: Las Vegas is on  
PACIFIC DAYLIGHT TIME**

The Central Association Meeting first came to Las Vegas in 2002 – the year after the tragedy of 9/11 forced cancellation of the 2001 event. The CAOG returned to Las Vegas in 2006 for the first of 3 meetings at the Venetian Resort (also in 2010 and 2016). For this 5<sup>th</sup> meeting we will be at the newly renovated and updated Caesars Palace on the world famous Las Vegas Strip.

Las Vegas is still the entertainment and gaming capital of the world with all the glitz it is famous for. For many years Vegas tried to shed this image by promoting a family friendly destination. Now they promote themselves as all that plus a sporting mecca with professional rodeo, professional sports teams: Las Vegas Raiders (NFL), Vegas Golden Knights (NHL), Las Vegas Aces (WNBA) and most recently an annual Formula 1 midnight racing event along the “Strip.” With extravagant shows, big name entertainers and food options galore, you absolutely need to return again and again to explore it all. Tribute bands (Elvis, Beatles, BeeGees) are the rage this year.

A couple new things to consider – the immersive ball of fun Sphere, the Las Vegas Showgirl Museum, the High Roller Wheel or the Las Vegas Mob Museum. Staying at Caesars is essential to meeting our contract obligations and complimentary meeting space. Fabulous Las Vegas never sleeps – so enjoy it **To the Max**.

**Time is running out to process**

**2025 new member applications.**

## MEMBERSHIP MATTERS

### New Members Needed

The vitality and future growth of the CAOG requires new members. If you know someone who should be considered for CAOG membership, either active or adjunct, please encourage them to send in an application. Application forms are available online. **The deadline is July 1, 2025** for receipt of completed applications in the CAOG office.

Adjunct members are also reminded that they are required to apply for active membership once they become board certified. Only active members can hold office!

### 2025 Meeting Active Member Rebate

**For each new active member application you endorse, receive a \$100 rebate from your Las Vegas registration fee to a maximum of \$500 !  
(That equals 5 new members each)**

#### PROVISIONAL MEMBERS

**Reminder: All provisional active members should attend one of the two Annual Meetings following their election to complete the application process and be presented a membership certificate.**

# THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



**92ND ANNUAL MEETING**  
**OCTOBER 15 – 18, 2025**  
**(WEDNESDAY – SATURDAY)**

**CAESARS PALACE**  
**3570 LAS VEGAS BLVD. SOUTH**  
**LAS VEGAS, NEVADA**

## CONFERENCE INFORMATION AND REGISTRATION



## Welcome to Fabulous Las Vegas....All Hail Caesar!

There truly is nothing like the Las Vegas “Strip” anywhere in the world. Final plans are now completed for the 92nd Annual Scientific Meeting of the Central Association of Obstetricians and Gynecologists at Caesars Palace and Casino. The recently renovated hotel is more gorgeous than ever, which will make your stay especially memorable. The meeting rooms are spacious and beautifully appointed. Reserve your rooms and these dates today – **October 15, 16, 17, 18, 2025**. On behalf of the Officers and Board of Directors please join us in celebrating our great tradition of science and fellowship that is the Central Association.

Jean Ricci Goodman, President CAOG

**About Caesars Palace:** In the middle of the Las Vegas Strip, Caesars Palace is just a short drive from McCarran International Airport. This opulent venue defies description. The amenities never end, including so many fabulous restaurants on property and shopping to your heart’s content, either at Caesars or down the street at the stunning Fashion Show Mall. This magnificent casino, with its attached Forum, is relatively quiet and unobtrusive. Be sure to check the latest Vegas tourist guide to see what entertainment options are available here and elsewhere.

**Room Reservations:** The CAOG has reserved a block of rooms for the meeting at \$ 259.00 per night (plus resort fee and applicable taxes). **To make your reservation please use the link on the caog.org website. If you call the hotel directly there will be an extra fee. If you have trouble with reservations call Rochelle ASAP.**

**We need the room block to sell out. Please support the CAOG by attending the Annual Meeting and staying at Caesars. The CAOG contracts a specific number of rooms that must be filled to avoid financial penalties.**

**Fine Dining:** You never need to leave Caesars to experience a variety of world class dining options. The nine on-site restaurants include the Bacchanal Buffet, the Old Homestead Steakhouse, Gordon Ramsay’s Hell’s Kitchen, NABU and the new Bobby Flay’s Amalfi. Do not forget the Celebrity Chef Food Hall. If you choose to leave our world famous venue there are a host of great eating establishments everywhere you look – talk about sumptuous! Do not be surprised at higher food prices in Vegas compared to previous visits. Anyone who has shopped for groceries recently is all too aware of rising prices.

**Entertainment:** You will not have enough evenings to enjoy the spectacular array of world class entertainment that Las Vegas features every night. Check the internet and show guides to make your choices and reservations early. A late show after the welcome reception on Wednesday, October 15<sup>th</sup> or an early dinner with show on Thursday, October 16<sup>th</sup> and Saturday, October 18<sup>th</sup> are all possibilities. But keep Friday evening free for the CAOG Gala Reception and Banquet. Besides the various Cirque du Soleil extravaganzas at other world famous hotels consider some of the Tribute Bands and Shows currently playing in Las Vegas (a few samples below).

Beatle Majesty & Love	King of (Neil) Diamonds
The Rat Pack is Back	Garth Brooks Tribute
Australian Bee Gees	Piano Man – Elton John/ Billy Joel
Carpenters Legacy	Bob Marley Hope Road
Purple Reign (Prince)	Potted Potter (all 7 books)

### Partners/Guests Program....

The CAOG invites you to a partner/guests breakfast reception Thursday morning. The program will be fun and a great way to meet new friends and renew old acquaintances. Back by popular demand, professional gambler Cody Lutz will teach us how to maximize casino machine play for fun and hopefully a little profit. This talk will be an extension of his Charleston presentation on professional poker.

### Final Scientific Program....

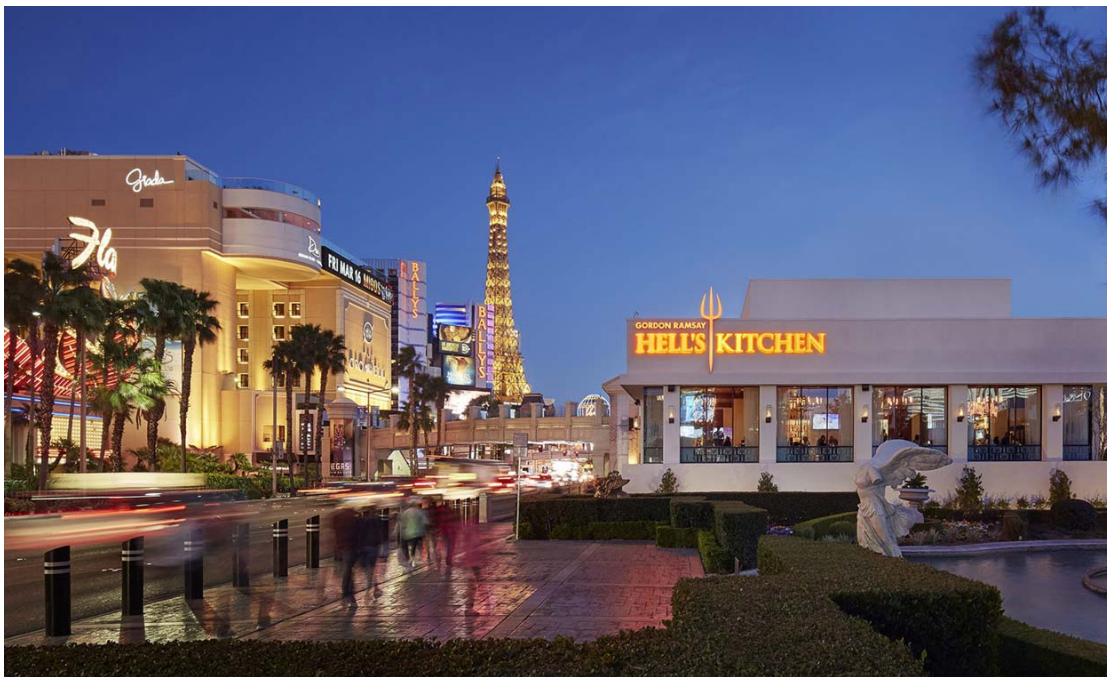
Original scientific research will be the focus of 22 oral presentations and at least 50 poster presentations. Sunrise breakfast lectures, current hot topics, and special invited guest speakers will further highlight this outstanding CAOG program. Review the final program now. You won’t want to miss a single talk.

2025 PRELIMINARY		WEDNESDAY, OCTOBER 15, 2025	CAOG PROGRAM
1:00 – 9:00 p.m.	General Registration (also continues each morning of meeting days)		
6:00 – 9:00 p.m.	Welcome Reception /Exhibit Hall Opens (all attendees invited)		
THURSDAY, OCTOBER 16, 2025			
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits		
6:30 – 7:30 a.m.	Sunrise Lecture	“Ultrasound & Ovarian Cancer: IOTA and the Chicken – Are We There Yet” Jacques S. Abramowicz, M.D. – Chicago, IL	
7:30 a.m.	Announcements		
7:30 – 8:30 a.m.	Hot Topic	“Marijuana Use in Pregnancy: The Negatives Keep Coming” Barbara V. Parilla, M.D. – Lexington, KY	
8:30 – 10:00 a.m.	Original Research Paper Presentations		
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits		
10:45 – 11:30 a.m.	Hot Topic	“The Spectrum of Perimenopause” Carrie L. Wieneke, M.D. – Kansas City, KS	
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations		
12:30 – 1:30 p.m.	Hot Topic	“Litigation Use and Misuse of Cord Blood Gases” Jonathan K. Muraskas, M.D. – Maywood, IL	
FRIDAY, OCTOBER 17, 2025			
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits		
6:30 – 7:30 a.m.	Sunrise Lecture	“Vulvar Disorders: Should Not Be Taboo” Kathryn C. Welch, M.D. – Ann Arbor, MI	
7:30 – 9:00 a.m.	Original Research Paper Presentations		
9:00 – 9:45 a.m.	Hot Topic	“Communication Skills Affect Healthcare Disparities” Traci N. Johnson, M.D. – Kansas City, MO	
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits		
10:30 – 11:30 a.m.	Original Research Paper Presentations		
11:30 am – 12:15 p.m.	Keynote Address	“Maternal Mortality and the Need for Cardio-Obstetrics” Karen L. Florio, D.O. – Columbia, MO	
12:15 – 1:00 p.m.	Presidential Address	“Authentic Leadership: Living with Balance, Leading with Purpose” Jean R. Goodman, M.D. – Columbia, MO	
1:00 – 1:30 p.m.	Annual Business Meeting CAOG		
6:30 – 11:00 p.m.	Farewell Reception/Dinner (all attendees invited)		
SATURDAY, OCTOBER 18, 2025			
6:00 – 6:30 a.m.	Continental Breakfast		
6:30 – 7:30 a.m.	Sunrise Lecture	“Modern Management of Urinary Incontinence” Sylvia M. Botros-Brey, M.D. – San Antonio, TX	
7:30 – 9:00 a.m.	Original Research Paper Presentations		
9:00 – 9:30 a.m.	Break/Refreshments		
9:30 – 10:30 a.m.	Hot Topic	“Pandemonium in Publishing: A Clinician’s Guide to the Changing Landscape of Medical Publications” Roger Smith, M.D. – Parkland, FL	
10:30 – 12:00 noon	Original Research Paper Presentations		
12:00 noon	Adjourn		





**Garden of the Gods Temple Pool**



**Amazing nearby attractions and restaurants**

## PTO “Endowment” Fund Update

In 1994 the CAOG established the PTO Fund (Presidents-Trustees-Officers) and initially solicited voluntary contributions from all past presidents, past board members and past officers to supplement the operating funds. As noted in past Newsletters, this restricted endowment fund needs to grow since only interest income can be used to provide CAOG Award stipends. With interest rates recently so low this will be a continuing challenge for years to come.

Contributions continue to be solicited from all members. Donor names are published in both the quarterly Newsletter and the Annual Scientific Program (**any size contribution is most appreciated**). Thanks to these 2025 early bird supporters whom the CAOG is proud to recognize:

David G. Anderson, M.D.  
 Thomas F. Arnold, M.D.  
 Shilpa Babbar, M.D.  
 David A. Billings, M.D.  
 Paul D. Burstein, M.D.  
 Robert L. Collins, M.D.  
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 Craig V. Towers, M.D.  
 Catherine L. Van Hook, M.D.  
 Gilbert R. Wessel, M.D.  
 Robert J. Wester, M.D.  
 J. Harold White, Jr., M.D.  
 Dani G. Zoorob, M.D., MHA, MBA

### FUTURE ABSTRACTS PUBLISHED

Please make your department chairs and program directors aware of our new publication opportunity for abstracts accepted at the CAOG Annual Meeting. They will be published in the on-line open access North American Proceedings of Gynecology and Obstetrics (NAPGO) and have unique DIO numbers so medical students, residents, fellows and faculty can add these to their CV publication listing.

Encourage at least one or more members of your faculty to join the CAOG. Each abstract needs either a member as co-author or an active member sponsor.

### IN MEMORIAM

**Steven W. Remmenga, M.D.**  
 Adams, NE

Please notify the CAOG of any Member Deaths or related information.

**CAOG MAY 2025**

Rochelle Hickel, CAOG  
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## Women's Health Care Leaders

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**WWW.CAOG.ORG**



**Central Association**

## Meet Your CAOG Vice President

**Robert J. Wester, M.D.** did his undergraduate work at the University of Colorado in Boulder. This was followed by medical school at the Creighton University School of Medicine in Omaha, Nebraska and a residency in Obstetrics and Gynecology at St. Joseph Hospital in Denver, Colorado.

Dr. Wester remained at St. Joseph Hospital and at one time was acting director of their OB-Gyn Residency program. For many years he was a member and later chairman of the Education Committee of Obstetrics and Gynecology Residency at St. Joseph Hospital. In 2005 Dr. Wester was Chairman of the Search Committee for the Director of Obstetrics and Gynecology at his hospital.



**Dr. Robert Wester**

Board certified and recertified in Obstetrics and Gynecology, Dr. Wester is a fellow of American College of Obstetrics and Gynecology (ACOG), a member of the Colorado OB-Gyn Society, the Denver Medical Society and the Colorado Medical Society. He is a three time recipient of the National Faculty Award from the Council on Resident Education in Obstetrics and Gynecology (CREOG). He is a past recipient of both the St. Joseph Hospital Teacher of the Year Award and the Chief Resident Teaching Award. Dr. Wester was elected to membership in the Central Association of Obstetricians and Gynecologists in 1987 and has attended all but two Annual Scientific Meetings of the CAOG over almost 40 years. This commitment personifies his love of the Central and its members.

During his 40 years of OB-Gyn practice Bob has made time to summit all 54 of Colorado's 14,000 foot mountain peaks, including 20 trips up the most difficult. He has also run 5 lifetime marathons, hikes in the summer, skis in the winter and began scuba diving in recent years. No wonder he is such a respected mentor and role model for students, residents and his own beloved family. The Central salutes you as our Vice President.

**Be Sure to Check the New and Improved CAOG Website**

## CAOG Management Report



**Rochelle Hickel**

**Caesars Entertainment Corporation has blossomed in recent years. Embrace the excitement of this venue.**

The CAOG office is now in overdrive to make the 2025 Annual Meeting at Caesars Palace in Las Vegas one of the best ever. This fabulous venue is the ideal place to combine in-person science with R&R.

Currently we are trying to collect the last of the 2025 dues and a few owing from 2024. The deadline for new member applications – both active and adjunct – is fast approaching (July 1<sup>st</sup>) so please submit these to me promptly to qualify for your active new member registration rebate. The membership committee will be meeting later this summer.

Also continue to send updates for e-mails, telephone numbers and addresses on a timely basis. Don't forget to check our website for the latest information as well. Your PTO fund donations are welcome anytime.

This issue of the CAOG Newsletter contains the Annual Meeting Information, Preliminary

Program and Meeting Registration form. Las Vegas is well known to many but if you need any help with activity suggestions for October, please let me know soon or go online anytime. Early reservations are recommended.

The Program Committee has been receiving abstracts. The top 22 will be selected for oral presentation and most of the rest for poster presentations. All the presenters will be notified in early June. The Call for Discussants will follow by e-mail about a week later. Your participation is always most appreciated.

Our office continues to field a wide variety of questions and comments on a daily basis. Although we don't always know the answer immediately, we can find most of them promptly. We appreciate your ongoing support and CAOG enthusiasm. Enjoy Summer and then extend it by coming to Las Vegas.

Rochelle Hickel, Executive Director