

August 2024

www.caog.org

Quarterly

CENTRAL ASSOCIATION of
OBSTETRICIANS & GYNECOLOGISTS



"Changing the Face of Women's Health"

NEWSLETTER

Meet Us in Indianapolis

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The CAOG is proud to combine its long standing tradition of great science with the world class sporting excitement of Indianapolis, Indiana. Each Memorial Day weekend several hundred thousand people gather to enjoy one of the best attended one day sporting events in the world. This year saw the 108th running of this iconic event in the suburban enclave of Speedway, Indiana. The Indianapolis 500 Motor Speedway is a 2½ mile track with a great golf course where the holes are actually located inside the track!

In addition to the Motor Speedway, Indianapolis is home to several professional sports teams – the Colts (NFL), the Fever (WNBA, who recently drafted top collegiate player Caitlin Clark), the Pacers (NBA) and the Fuel (hockey). Odds are that some team will be playing while we are here. The NCAA Hall of Fame along with the Motor Speedway Museum are both well worth a visit.

October 16 –19, 2024
Hyatt Regency Indianapolis
One South Capitol Avenue

For a chance to enjoy the best of the CAOG, including old friends and new acquaintances, reserve these dates now and make your travel and room reservations immediately. Indianapolis is always fully booked for fall festivities.



That's What I Like About Indianapolis!

President David Haas has added a couple special activities to this year's meeting. First, members of the Indiana section of ACOG (District V) are being invited to attend at a reduced registration rate to sample our unique scientific program, overwhelming poster session and maybe consider joining this great OB-Gyn association. Then on Thursday afternoon several OB-Gyn Residency Program Directors are sharing residency match advice for our medical students in attendance.

Finally back to the famous Indianapolis Motor Speedway. We have arranged for 25 of our group to do laps with an Indy Car driver at 180 mph in a 2 seat race car. The cost is \$400 per passenger (\$100 discount off the regular price). The time is 2 pm on Wednesday afternoon, Oct. 16, 2024. This will allow Board members and others to go to the Speedway and still make the reception. Tickets are already half sold out so call ASAP.

Special points of interest:

- Indy meeting information
- Registration forms are lagging – Return now
- New member ballot & committee interest form were e-mailed to active members only
- Update your e-mail, phone & address
- Unpaid dues kindly requested STAT

Officers

David M. Haas, MD, MS, President
 Tacoma A. McKnight, MD, Vice President
 Jean R. Goodman, MD, MBA, President Elect I
 Thomas F. Arnold, MD, President Elect II
 Dani G. Zoorob, MD, MHA, MBA, Sec-Treas.
 Andrew F. Wagner, MD, Past President

Join on X, formerly Twitter @TheCAOG

Trustees

Joanie Y. Hare, MD (2021-2024)
 Tiffany R. Tonismae, MD (2022-2024)
 David A. Billings, MD (2022-2025)
 Deborah C. Sherman, MD (2022-2025)
 Shilpa Babbar, MD (2023-2026)
 Catherine L. Van Hook, MD (2023-2026)

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Tanya and David Haas, M.D.

Message from the President . . .

Greetings Central Association! Hopefully you have all been enduring the recent heat wave and have been able to spend time with family and friends this summer while you recharge and refresh. Summer, with its abundant sunshine, is always a welcome time in our home and brings more opportunities for connections. If you were able to travel, I hope you had marvelous experiences. I hope you were also able to complete some long overdue projects.

Speaking of travel, the Annual Meeting for CAOG is just around the corner. As I mentioned in my last update, the invited speakers are all arranged and set. The Scientific Program Committee received almost 80 abstracts! They selected a fantastic slate of high-quality studies for oral presentations and awards. There will be a robust poster session. We have a large number of trainees and even some non physicians presenting work this year. The diversity and breadth of topics and presenters is reflective of our specialty and advances in science that are taking place. Please go to the website and get registered for what is sure to be a great meeting in my home city.

Speaking from personal experience, Indy is a very fun place to visit. If you are bringing partners and/or family, there are a lot of things to do while you are in the scientific program or to do together in the afternoons or evenings. I've included in this newsletter a list of fun things to check out with some context and contact information. That way you can plan your entire CAOG Meeting itinerary for everyone involved. For registered partners, my wife Tanya will host the program for them on Thursday morning, October 17th. It will begin with a breakfast at the hotel and then a short bus ride to Newfields, Dali Alive exhibit, a wonderful, immersive experience surrounding the art and life of the Surrealist artist, Salvador Dali. Seeing the art projected onto large rooms.

(continued on p7)

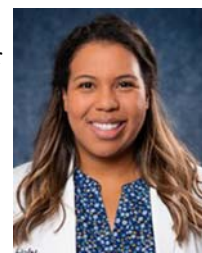


Dr. Joanie Hare

Meet Your CAOG Trustees

Joanie Y. Hare, M.D., completed her undergraduate studies and doctorate of medicine at the University of Alabama in Birmingham. This was followed by an OB-Gyn residency at the Baylor College of Medicine in Houston, Texas and a Maternal-Fetal Medicine Fellowship at the Pennsylvania Hospital in Philadelphia. From there she returned to Houston, Texas where she is on staff at the Texas Children's Hospital Women's Pavilion, the Women's Hospital of Texas and the Houston Perinatal Associates.

With over twenty-five years of innovative and distinguished service in the field of Maternal-Fetal Medicine, she was the first African American Maternal-Fetal fellow-trained physician in Houston. A founding member of Houston Perinatal Associates she has extensive leadership and board experience at The Woman's Hospital of Texas, including former chairperson of the Department of Obstetrics, former chair of the Board of Trustees, and former member of the Medical Executive Committee. Always looking to improve the care of high-risk mothers and infants, she founded and served as Medical Director of the Perinatal Diabetes Program. She founded the Postpartum Intermediate Care Unit and directed the Maternal Transport Program. Dr. Hare is a specialist in high-risk pregnancies and fetal conditions, including multiple gestations, hypertension and incompetent cervix. Joanie was elected to CAOG membership in 2005 and has been a wonderful Trustee these past 3 years.



Dr. Tiffany Tonismae

Tiffany R. Tonismae, M.D., PMH-C completed her undergraduate studies at Wofford College in Spartanburg, S.C. followed by medical school at the University of South Carolina School of Medicine in Columbia. Her OB-Gyn residency was at Virginia Tech Carilion in Roanoke and her Maternal Medicine Fellowship was at Indiana University School of Medicine in Indianapolis. In her "spare time" she worked as an OB-Gyn locums hospitalist and laborist.

Dr. Tonismae's academic career began in South Florida where she was residency research director. Last year she relocated to the University of Louisville Health in Kentucky where she is also the MFM Fellowship Program Director. She is both ABOG and MFM certified and has been the recipient of many teaching awards from both medical students and residents. Dr. Tonismae is committed to both medical education and research. She is well published, is a very popular speaker both locally and regionally and has been a regular contributor to the CAOG scientific meetings. She has established a psychiatry collaboration for patients with perinatal mood disorders and has worked with clinic managers to improve billing for fetal ultrasounds.

Tiffany was elected to CAOG membership in 2020 and is a member of the American Society of Addiction Medicine. It has been a pleasure working with her as a CAOG Trustee.

THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



91ST ANNUAL MEETING
OCTOBER 16 – 19, 2024
(WEDNESDAY – SATURDAY)

THE HYATT REGENCY INDIANAPOLIS
ONE SOUTH CAPITOL AVENUE
INDIANAPOLIS, IN

CONFERENCE INFORMATION AND REGISTRATION



WELCOME TO INDIANAPOLIS, INDIANA

Final plans are almost complete for the 91st Annual Scientific Meeting of the Central Association of OB-Gyn at the Hyatt Regency Hotel in downtown Indy. Long known as “Home of the Indy 500” this world famous Motor Speedway track and museum draws immense crowds annually. Indy, also called the “Crossroads of America” and the “Amateur Sports Capital of the World,” has become one of the nation’s convention meccas. That is why the Hoosier State capital is hosting the CAOG in 2024, the same year it provided extraordinary viewing of the total solar eclipse. Come experience Indy’s upbeat enthusiasm and cultural offerings. Reserve your hotel rooms, flights and these dates immediately: **October 16, 17, 18 and 19, 2024**. On behalf of the officers and trustees, please join us in celebrating our great tradition of science and fellowship that is your Central Association.

David Haas, M.D. – President, CAOG

About The Downtown Hyatt Regency: Location is the key – only 20 minutes from the Indianapolis Airport with easy access to everything. Central downtown Indy has elevated walkways radiating in all directions from the hotel to keep you above the traffic and congestion. The towering atrium and views from the glass elevators provide an emotional lift from every floor. You may choose not to venture far outside the Hyatt but then you would miss all the local excitement, museums, NCAA Hall of Fame and the Brickyard (Speedway) itself. The weather should be perfect in mid-October so plan to make Indianapolis with the CAOG your fall CME priority.

Room Reservations: The CAOG has reserved a block of rooms for the meeting starting at \$219.00 per night (plus tax). To take advantage of this incredibly favorable rate, please be certain to identify yourself with the Central Association OB-Gyn when registering. For room and other information please contact The Hyatt reservation desk directly at **1-800-223-1234** and ask for **CAOG Annual Meeting Block**. Or go to caog.org for a direct link.

Our room block must sell out! Please support the CAOG by attending the Annual Meeting and using the Hyatt. We have contracted for this room block; however The Hyatt (and most other rooms in downtown Indianapolis) all sell out during October weekends. Call the CAOG office at 1-701-838-8323 if you need any help.

Dining Options: Indy has a flourishing culinary and brewing scene. You cannot go wrong at almost any bistro, local eatery, chain or fancy dining establishment. Just make reservations in advance unless you savor the unpredictability of a lucky last minute discovery! The Hyatt itself has the only revolving restaurant in Indiana - called the Eagles Nest with its spectacular view. Go to **VISITINDY.com** to see a map of 178 nearby dining options.

Entertainment: You will not have enough time to enjoy the wealth of everything Indy has to offer. If you decide to drive there are even more sites worth visiting in the vicinity. A personal favorite is the Indianapolis Museum of Art at Newfields, which is now hosting **Salvador Dali Alive**, a three gallery digital presentation at **THE LUME**. Patterned after similar digital art displays in the round that have featured Monet and Van Gogh, this exhibit will amaze and entertain. You are sure to enjoy this opportunity. (see below)

Partner/Guest Programs....

Following the traditional Partner/Guest reception Thursday morning with President Haas’ wife Tanya, you will be bussed to the Salvador Dali wild and wonderful digital art world at the art museum described above. Afterwards you will be returned to the Hyatt around 1:00 pm when the scientific session adjourns.

Besides the Welcome Reception and Exhibit Hall Opening on Wednesday night, we traditionally close with a rousing Farewell Reception and Banquet on Friday evening. This year will again feature last year’s Nashville hit band, Bobby and the Aristocats, for more mingling, jamming and dancing.

Scientific Program....

Original scientific research will be the focus of 22 oral presentations and nearly twice as many poster presentations. Sunrise lectures, hot topics, and invited guest speakers will further highlight this outstanding CAOG program. The practice of medicine continually changes around us. Please review the enclosed preliminary program designed to help everyone stay abreast of these changes. You will not want to miss a single talk.

2024 FINAL		WEDNESDAY, OCTOBER 16, 2024		CAOG PROGRAM
1:00 – 9:00 p.m.	General Registration (also continues each morning of meeting days)			
6:00 – 9:00 p.m.	Welcome Reception /Exhibit Hall Opens (all attendees invited)			
THURSDAY, OCTOBER 17, 2024				
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“It’s All About Heart: Cardiovascular Health Across the Lifespan” Natalie Cameron, M.D., MPH, Northwestern Univ., Chicago, IL		
7:30 a.m.	Announcements			
7:30 – 8:30 a.m.	Hot Topic	“Ultrasound and Ovarian Cancer: IOTA and the Chicken – Are We There Yet?” Jacques Abramowicz, M.D., Univ. of Chicago, Chicago, IL		
8:30 – 10:00 a.m.	Original Research Paper Presentations			
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits			
10:45 – 11:30 a.m.	Hot Topic	“Physiologic Birth, Collaborative Care, and Other Transformative Ways to Improve Maternity Care” Amy Romano, MBA, MSN, CNM, FACNM, Primary Maternity Care, Milford, CT		
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations			
12:30 – 1:30 p.m.	Hot Topic	“Menopausal Therapy: HRT After WHI” Makeba Williams, NCMP, Washington Univ. School of Med., St. Louis, MO		
1:30 – 3:00 p.m.	New	“OB-GYN Program Directors Seminar for Medical Students/ Future Residents”		
FRIDAY, OCTOBER 18, 2024				
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“Implementing Health Equity: Women’s Health and Beyond” Brownsyne Tucker Edmonds, MD, MPH, Indiana Health Univ., Indianapolis, IN		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:45 a.m.	Hot Topic	“Wellness – Retention Connection: Building a Sustainable Workforce” Chemen Neal, MD, Indiana Univ. School of Med., Indianapolis, IN		
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits			
10:30 – 11:30 a.m.	Original Research Paper Presentations			
11:30 am – 12:15 p.m.	Keynote Address	“Hope for Maternal Child Health Across the Globe: How the U.S. and Global Partners are Creating a Brighter Future” Jeanne Conry, MD, PhD, (Past Pres. ACOG & FIGO), Roseville, CA		
12:15 – 1:00 p.m.	Presidential Address	“Mentorship and Sponsorship: Keys to All Our Future” David M. Haas, MD, MS, Indiana Univ. School of Med., Indianapolis, IN		
1:00 – 1:30 p.m.	Annual Business Meeting CAOG			
6:30 – 11:00 p.m.	Farewell Reception/Dinner/Dance (all attendees invited)			
SATURDAY, OCTOBER 19, 2024				
6:00 – 6:30 a.m.	Continental Breakfast			
6:30 – 7:30 a.m.	Sunrise Lecture	“Understanding and Addressing Rates of Cervical Cancer in the U.S.” Melissa Martinez-Adorno, MD, Manchester Medical Center, NH		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:30 a.m.	Break/Refreshments			
9:30 – 10:30 a.m.	Hot Topic	“Sexual Health: The Sex You Don’t Know Your Patients are Having” Sarah Cigna, MD, MS, George Washington School of Med., Washington, D.C.		
10:30 – 12:00 noon	Original Research Paper Presentations			



Indianapolis War Memorial



Visit Historic Downtown Indianapolis

President's message (continued from p2)

and animated to move is truly a unique experience. The rest of the museum is available to tour as well as the expansive grounds, that includes the Lilly House, purchased by Eli Lilly's son as a residence in 1932. The bus will then return you to the hotel.

If you are coming in before Wednesday afternoon, you will be able to do something unique to Indianapolis. You can sign up for the Indy Racing Experience. We have secured 25 spots at 2:00 pm on Wednesday October 16th. We have been offered a discounted rate of \$400 per person (normally \$500). The experience lasts ~2 hours total as you get suited up and driven around the Indianapolis Motor Speedway (site of the Indy 500) by an IndyCar driver at 180 mph! It is exhilarating. If you are interested in this exciting experience, reach out to Rochelle immediately. Rochelle will also email all registrants about this opportunity. Half the spots have been taken. More info can be found here: www.indyracingexperience.com.

If you have not completed your committee interest survey, please do so. Many hands make light work – and CAOG Committees are fun. We cannot wait to welcome you to this meeting. Founded in 1929, CAOG is celebrating its 95th birthday. We will party in Indy!

David Haas, M.D., CAOG President

P.S. See page 9 for more fun things to do in Indy !!

Bylaws Encourage Minimum Attendance

Provisional active members must attend at least one Annual Meeting following election to become a full Active Member. Active Members are encouraged to attend at least one Annual Meeting every three years. These are minimum attendance recommendations. The CAOG encourages members to consider annual participation. Make CAOG your priority.

Member Attendance Honor Roll

Special recognition is extended to the following physicians who have currently attended five or more consecutive meetings. An asterisk (*) denotes perfect attendance since election to membership. [The 2001 Annual Meeting was cancelled following 9/11 and the 2020 meeting was cancelled by the Covid-19 pandemic.]

Fran Popper	28*	Deborah C. Sherman	11
Robert J. Sokol	25	Lee P. Shulman	11
J. Coffy Pieternelle	22*	Andrew F. Wagner	10
Karolina Adam	22	James W. Van Hook	9
Joanie Y. Hare	18*	Theresa L. Robinson	8
Robert J. Wester	18	Leah N. Delfinado	7*
Michael G. Flax	17	Vanessa M. Barnabei	7
Elliot M. Levine	17	David M. Haas	7
Emily A. DeFranco	12*	Susan M. Mou	6
David A. Billings	12	Angelina K. Gangestad	5
Mark I. Evans	12	Tacoma A. McKnight	5

This Honor Roll is a most appreciative salute to CAOG members who regularly attend annual meetings. Add to your current streak of consecutive attendance record in 2024. Don't forget to sign the official green registration cards !

CAOG members are loyal !

New Member Recruitment Essential to CAOG

Rochelle Hickel, CAOG
P.O. Box 3010
Minot, ND 58702-3010
Call for Shipping Address

Phone: 701-838-8323
Fax: 701-852-8733
E-mail: rhickel@caog.org

Even as active members review the e-mailed ballot of new members for 2024, continue to think of someone who might be good for the CAOG and vice versa. Please help us to grow!

Application forms for both active and adjunct members are available from the CAOG Office and both are also on the website. Because signatures of both applicants and endorsers are required, **a hard copy must be mailed**. The deadline for consideration at the 2025 Annual Meeting is **July 1st, 2025**. Don't miss the deadline by waiting until the last minute to apply.

A special thanks to the following CAOG members who have served as an endorser for one or more of the 6 active and 12 adjunct new membership applications this year. Please plan to add your name to this list next year. We continuously need successful recruiting efforts.

Women's Health Care Leaders

Jean R. Goodman, M.D.
J. Ricardo Loret De Mola, M.D.
Barbara V. Parilla, M.D.
Carl V. Smith, M.D.

Teresa Tam, M.D.
Michael A. Thomas, M.D.
Tiffany R. Tonismae, M.D.
James W. Van Hook, M.D.

WE'RE ON THE WEB!
WWW.CAOG.ORG



Central Association

PRIORITY #1: More New Members in 2025

CAOG Management Report



Rochelle Hickel
Executive Director

The CAOG office is in full swing to prepare for the Indianapolis Annual Meeting. The program looks great, the venue is very cool and the Central has always been about members getting together. Rooms are disappearing and time is running out! Please send in your registration forms today so we can match the rooming list.

A special thanks to everyone who has been involved in the abstract/paper/poster process, including all the authors and discussants. There is much more final detail work to be done with the Annual Meeting just two months away. Please introduce yourself to each new member (yellow ribbon name tag) you see in Indiana. Make them feel welcome and wanted !

We are trying to collect the last of the unpaid dues for 2024 and a few still owing from 2023. If you are delinquent, please respond to the dues reminder notice you should have received recently. The CAOG needs your membership and support. Thank you for prompt payment.

Finally, reserve your rooms for the Hyatt Regency as soon as possible. During Autumn and cooler weather Indianapolis sells out, including restaurant reservations. Confirm all your travel plans now, especially flights and rental cars, to avoid disappointment. Call me if you have any questions or run into problems. Thanks again. Enjoy what remains of summer.

Rochelle

PTO "Endowment" Fund Appeal

As noted in previous newsletters, the endowment fund still needs vigorous growth to augment current and future CAOG Awards. Contributions are continuously being solicited and donors will be recognized in both the quarterly Newsletter and the Annual Scientific Program booklet. Any amount is sincerely appreciated. Become a much valued P.T.O. Fund contributor today !

Adjunct members are encouraged to apply for active membership as soon as possible following ABOG certification.

FUN THINGS TO DO IN INDY

Here are just a few things you might be able to enjoy:

- ◆ Indianapolis Zoo– located in White River State Park and a short walk from the Hyatt. See the brand-new Chimpanzee Complex and the large International Orangutan Center. www.indianapoliszoo.com
- ◆ World Famous Indianapolis Children’s Museum– cool things for both kids and adults like a Dinosphere and a new Nelson Mandela exhibit. www.childrensmuseum.org.
- ◆ NCAA Hall of Champions- incredible artwork about sports and a few blocks from the Hyatt. www.ncaahalhofchampions.org
- ◆ Professional Sports– Colts (NFL), Fever (WNBA), Pacers (NBA), Fuel (hockey)- the schedules are not out yet, but odds are, someone will be playing while you are here!
- ◆ Indiana Medical History Museum– Explore the beginnings of scientific psychiatry and modern medicine. You will need to purchase a timed ticket. www.imhm.org.
- ◆ Paddleboat on the canal– Take a leisurely ride down the canal, runs right by the Hyatt.
- ◆ Museums– other museums include the Eiteljorg (<https://eiteljorg.org/>) and the State Museum (<https://www.indianamuseum.org/>) housing very interesting cultural displays, and both are only 3 blocks from the hotel.
- ◆ Indianapolis Motor Speedway– home of the Indy 500 (with a great golf course with holes located inside the track!), the Museum is closed for renovations but you can still tour the track. www.indianapolis-motorspeedway.com/at-the-track/museum
- ◆ The Arts!- I’ll bet you didn’t know that there was a TON of community theater and professional theater in Indy. Also, the Indianapolis Symphony Orchestra will be playing “Love and Friendship: Tchaikovsky’s Violin Concerto” while you are in town and is about 2 blocks from the Hyatt
- ◆ Massachusetts Avenue, trendy foodie places, Military Park, the Soldiers and Sailor’s Memorial (Monument Circle) are all a short walk from the hotel.
- ◆ Newfields– Even if you aren’t going on the partner program, Newfields is more than an art museum, with a huge “100-acre wood”, a huge Art & Nature Park. Also, since it is October, they will have their Harvest Nights going on, where the grounds are lit up with thousands of lights and creative themed displays. <https://discovernewfields.org/>
- ◆ Connor Prairie– this is at least a 30-45 minute drive north in Fishers but a large historic park where you can “Step into history”. They will have their fall festival and Headless Horseman hay rides going on. <https://www.connorprairie.org/>
- ◆ Indy Ghost Walk tours– since it will be nearly Halloween, take a ghost walk tour of the downtown area (<https://www.unseenpress.com/tours-events>)

With so much to do, you may want to stay an extra day or plan your next visit to Indy.

For more options or information, please go to www.visitindy.com/things-to-do.

Enjoy Indy!
David Haas