

May 2024

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CENTRAL ASSOCIATION of
OBSTETRICIANS & GYNECOLOGISTS



"Changing the Face of Women's Health"

Quarterly

NEWSLETTER

Message from the President. . . .



David M. Haas, M.D.

Good morning Central Association!

As the weather is beginning to slowly warm up and thoughts turn to travel, I wanted to give you some more information about the Annual Meeting in Indianapolis, Indiana so you can make sure to put that on your travel plan list for this year:

October 16-19, 2024

The annual Meeting is shaping up to be a really great one, with speakers on a range of topics including cardiac health, sexuality, menopausal medicine, the fourth trimester, and more. We are anticipating a large number of abstract submissions this year, which means a lot of great, cutting-edge science that can help impact your patients and practice. Remember the upcoming abstract deadline of May 20, 2024 (11:59 pm CDT)

The caog.org website is ready To receive all your submissions!

I look forward to continuing to serve as your President this year. If you have any needs, suggestions, or ideas for new directions or things for CAOG to do, please don't hesitate to reach out to me or to other leadership members within the CAOG.

I will make a plug for membership. As you know, the Central is a great organization to be part of: great scientific meetings that are fun to attend, great people, and new opportunities for scientific dissemination.

Please encourage those in your departments to join. Bring them to the meeting this year to let them see how cool our organization can be! Hope to see you all in Indy. The registration for the 2024 meeting is already open so sign up early and reserve your hotel rooms today.

The Indy Racing Experience reserved spots are for Wednesday afternoon of the 16th only. Those signups are not on the website yet but when they are up you will be notified. We will then reach out to those who are already registered for the meeting for first options to sign up and purchase the tickets.

May you all have a blessed Spring. I'll be back with more updates later this Summer.

David Haas

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Special points of interest:

- Call for discussants to be emailed in June
- Recruit a new CAOG member today for Registration Rebate
- Unpaid dues kindly requested ASAP
- Thanks to every 2024 PTO Contributor
- Indianapolis Registration Form and Preliminary Program enclosed

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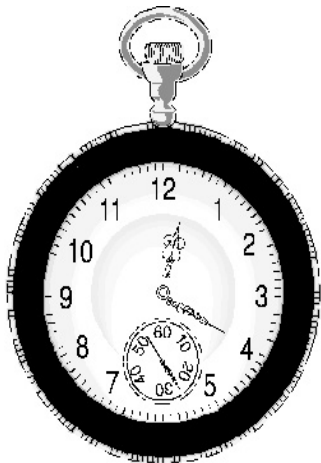
Dennis J. Lutz, MD
Executive Director
 Rochelle Hickel
 P.O. Box 3010
 Minot, ND 58702
 (O) 701-838-8323
 (F) 701-852-8733
 rhickel@caog.org

Join us on X, formerly Twitter @TheCAOG

Questions? andrew.wagner@nm.org

CAOG Motors into Indianapolis !

And then there is the fun! Since the meetings end around 1 p.m., you will be able to enjoy all sorts of great things that Indianapolis has to offer, many within walking distance from the Hyatt. There is a large network of elevated tube walkways to help you get around downtown as well. Here are just a few things you might enjoy:



FYI: Indianapolis is on EASTERN DAYLIGHT TIME

- Indianapolis Zoo and Museum of Art
- World Famous Indianapolis Children's Museum
- NCAA Hall of Fame
- Professional Sports– Colts (NFL), Fever (WNBA), Pacers (NBA), Fuel (hockey) - the schedules are not out yet, but odds are, someone will be playing while you are here!
- Indiana Medical History Museum and War Memorial
- Paddleboat on the downtown canal
- Indianapolis Motor Speedway Museum – home of the Indy 500 (with a great golf course where holes are located inside the track!)
- Indy Racing Experience – take a 2-seater ride with a professional driver for 3 laps around the track at 180 miles per hour at The Brickyard!

For the partner/family program, David's wife, Tanya, is suggesting two must see options for attendees. One is the Newfields Art Museum will have the Dali LUME experience, where you can immerse yourself in the mesmerizing works of Salvador Dali on a scale you've never imagined. The other will cater more to those traveling with children and will be a trip to the Indianapolis Children's Museum, where their imagination (and yours) will run wild. So, feel free to bring your partners and family as you come to our very family-friendly city.

Time is running out to process 2024 new member applications.

MEMBERSHIP MATTERS

New Members Needed

The vitality and future growth of the CAOG requires new members. If you know someone who should be considered for CAOG membership, either active or adjunct, please encourage them to send in an application. Application forms are available online. **The deadline is July 1, 2024** for receipt of completed applications in the CAOG office.

Adjunct members are also reminded that they are required to apply for active membership once they become board certified. Only active members can hold office!

2024 Meeting Active Member Rebate

For each new active member application you endorse, receive a \$100 rebate from your Indianapolis registration fee to a maximum of \$500 ! (That equals 5 new members each)

PROVISIONAL MEMBERS

Reminder: All provisional active members should attend one of the two Annual Meetings following their election to complete the application process and be presented a membership certificate.

THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



91ST ANNUAL MEETING
OCTOBER 16 – 19, 2024
(WEDNESDAY – SATURDAY)

THE HYATT REGENCY INDIANAPOLIS
ONE SOUTH CAPITOL AVENUE
INDIANAPOLIS, IN

CONFERENCE INFORMATION AND REGISTRATION



WELCOME TO INDIANAPOLIS, INDIANA

Final plans are almost complete for the 91st Annual Scientific Meeting of the Central Association of OB-Gyn at the Hyatt Regency Hotel in downtown Indy. Long known as “Home of the Indy 500” this world famous Motor Speedway track and museum draws immense crowds annually. Indy, also called the “Crossroads of America” and the “Amateur Sports Capital of the World.” has become one of the nation’s convention meccas. That is why this Hoosier State capital is hosting the CAOG in 2024, the same year it provided extraordinary viewing of the total solar eclipse. Come experience Indy’s upbeat enthusiasm and cultural offerings. Reserve your hotel rooms, flights and these dates immediately: **October 16, 17, 18 and 19, 2024**. On behalf of the officers and trustees, please join us in celebrating our great tradition of science and fellowship that is your Central Association.

David Haas, M.D. – President, CAOG

About The Downtown Hyatt Regency: Location is the key – only 20 minutes from the Indianapolis Airport with easy access to everything. Central downtown Indy has elevated walkways radiating in all directions from the hotel to keep you above the traffic and congestion. The towering atrium and views from the glass elevators provide an emotional lift from every floor. You may choose not to venture far outside the Hyatt but then you would miss all the local excitement, museums, NCAA Hall of Fame and the Brickyard (Speedway) itself. The weather should be perfect in mid-October so plan to make Indianapolis with the CAOG your fall CME priority.

Room Reservations: The CAOG has reserved a block of rooms for the meeting starting at \$219.00 per night (plus tax). To take advantage of this incredibly favorable rate, please be certain to identify yourself with the Central Association OB-Gyn when registering. For room and other information please contact The Hyatt reservation desk directly at **1-800-223-1234** and ask for **CAOG Annual Meeting Block**. Or go to caog.org for a direct link.

Our room block must sell out! Please support the CAOG by attending the Annual Meeting and using the Hyatt. We have contracted for this room block; however The Hyatt (and most other rooms in downtown Indianapolis) all sell out during October weekends. Call the CAOG office at 1-701-838-8323 if you need any help.

Dining Options: Indy has a flourishing culinary and brewing scene. You cannot go wrong at almost any bistro, local eatery, chain or fancy dining establishment. Just make reservations in advance unless you savor the unpredictability of a lucky last minute discovery! The Hyatt itself has the only revolving restaurant in Indiana - called the Eagles Nest with its spectacular view. Go to **VISITINDY.com** to see a map of 178 nearby dining options.

Entertainment: You will not have enough time to enjoy the wealth of everything Indy has to offer. If you decide to drive there are even more sites worth visiting in the vicinity. A personal favorite is the Indianapolis Museum of Art at Newfields, which is now hosting **Salvador Dali Alive** a three gallery digital presentation at **THE LUME**. Patterned after similar digital art displays in the round that have featured Monet and Van Gogh, this exhibit will amaze and entertain. You are sure to enjoy this opportunity. (see below)

Partner/Guest Programs....

Following the traditional Partner/Guest reception Thursday morning with President Haas’ wife Tanya, you will be bussed to the Salvador Dali wild and wonderful digital art world at the art museum described above. Afterwards you will be returned to the Hyatt around 1:00 pm when the scientific session adjourns.

Besides the Welcome Reception and Exhibit Hall Opening on Wednesday night we traditionally close with a rousing Farewell Reception and Banquet on Friday evening. This year will again feature last year’s Nashville hit band, Bobby and the Aristocats, for more mingling, jamming and dancing.

Scientific Program....

Original scientific research will be the focus of 22 oral presentations and nearly twice as many poster presentations. Sunrise lectures, hot topics, and invited guest speakers will further highlight this outstanding CAOG program. The practice of medicine continually changes around us. Please review the enclosed preliminary program designed to help everyone stay abreast of these changes. You will not want to miss a single talk.

2024 PRELIMINARY		WEDNESDAY, OCTOBER 16, 2024		CAOG PROGRAM
1:00 – 9:00 p.m.	General Registration	(also continues each morning of meeting days)		
6:00 – 9:00 p.m.	Welcome Reception /Exhibit Hall Opens (all attendees invited)			
THURSDAY, OCTOBER 17, 2024				
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“It’s All About Heart: Cardiovascular Health Across the Lifespan” Natalie Cameron, M.D., MPH		
7:30 a.m.	Announcements			
7:30 – 8:30 a.m.	Hot Topic	“Ultrasound and Ovarian Cancer: IOTA and the Chicken – Are We There Yet?” Jacques Abramowicz, M.D.		
8:30 – 10:00 a.m.	Original Research Paper Presentations			
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits			
10:45 – 11:30 a.m.	Hot Topic	“Physiologic Birth, Collaborative Care, and Other Transformative Ways to Improve Maternity Care” Amy Romano, CNM		
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations			
12:30 – 1:30 p.m.	Hot Topic	“Menopausal Therapy: HRT After WHI” Dr. Makeba Williams		
FRIDAY, OCTOBER 18, 2024				
6:00 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“Implementing Health Equity: Women’s Health and Beyond” Dr. Brownsyne Tucker Edmonds		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:45 a.m.	Hot Topic	“4th Trimester as a Springboard to Health After Pregnancy” Dr. Wanda Nicholson		
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits			
10:30 – 11:30 a.m.	Original Research Paper Presentations			
11:30 am – 12:15 p.m.	Keynote Address	“Hope for Maternal Child Health Across the Globe: How the U.S. and Global Partners are Creating a Brighter Future” Jeanne Conry, M.D., PhD		
12:15 – 1:00 p.m.	Presidential Address	“Mentorship and Sponsorship: Keys to All Our Future” David M. Haas, M.D., M.S. – Indianapolis, IN		
1:00 – 1:30 p.m.	Annual Business Meeting CAOG			
6:30 – 11:00 p.m.	Farewell Reception/Dinner/Dance (all attendees invited)			
SATURDAY, OCTOBER 19, 2024				
6:00 – 6:30 a.m.	Continental Breakfast			
6:30 – 7:30 a.m.	Sunrise Lecture	“Understanding and Addressing Rates of Cervical Cancer in the U.S.” Dr. Melissa Martinez-Adorno		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:30 a.m.	Break/Refreshments			
9:30 – 10:30 a.m.	Hot Topic	“Sexual Health: The Sex You Don’t Know Your Patients are Having” Dr. Sarah Cigna		
10:30 – 12:00 noon	Original Research Paper Presentations			
12:00 noon	Adjourn			



Indianapolis War Memorial



Visit Historic Downtown Indianapolis



PTO “Endowment” Fund Update

In 1994 the CAOG established the PTO Fund (Presidents-Trustees-Officers) and initially solicited voluntary contributions from all past presidents, past board members and past officers to supplement the operating funds. As noted in past Newsletters, this restricted endowment fund needs to grow since only interest income can be used to provide CAOG Award stipends. With interest rates recently so low this will be a continuing challenge for years to come.

Contributions continue to be solicited from all members. Donor names are published in both the quarterly Newsletter and the Annual Scientific Program (**any size contribution is most appreciated**). Thanks to these 2024 early bird supporters whom the CAOG is proud to recognize:

David G. Anderson, M.D.

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Catherine L. Van Hook, M.D.

Gilbert R. Wessel, M.D.

J. Harold White, Jr., M.D.

Dani G. Zoorob, M.D., MHA, MBA

FUTURE ABSTRACTS PUBLISHED

Please make your department chairs and program directors aware of our new publication opportunity for abstracts accepted at the CAOG Annual Meeting. They will be published in the on-line open access North American Proceedings of Gynecology and Obstetrics (NAPGO) and will be individually PubMed indexed so medical students, residents, fellows and faculty can add these to their CV publication listing.

Encourage at least one or more members of your faculty to join the CAOG. Each abstract needs either a member as co-author or an active member sponsor.

IN MEMORIAM

Lester A. Ballard, Jr., M.D.

Huntington, OH

Arthur D. Cromartie, M.D., MS

Hattiesburg, MS

Timothy D. Gowder, M.D.

Lenoir City, TN

CAOG MAY 2024

Rochelle Hickel, CAOG
P.O. Box 3010
Minot, ND 58702-3010
Call for Shipping Address

Phone: 701-838-8323
Fax: 701-852-8733
E-mail: rhickel@caog.org

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Meet Your CAOG Vice President

Tacoma A. McKnight, M.D. is a testament to the Chicago, Illinois educational system beginning with the Robert Lindblom Technical High School. Northwestern University provided her undergraduate, medical school and OB-Gyn residency training. Needless to say her academic career continued at the Northwestern University Feinberg School of Medicine where she was an associate professor of obstetrics and gynecology. At Northwestern, she has served on the medical faculty foundation board of directors and the campus diversity board as well as the alumni board.



Dr. Tacoma McKnight

Dr. McKnight is ABOG certified and continually recertified and has been awarded the APGO Excellence in Teaching award. She is a frequent recipient of other faculty teaching awards and serves as a role model for medical students and OB-Gyn residents. A long serving member on Northwestern committees she is always ready to assist when requested and is continuously sought out as a mentor and advisor to high school students, medical students and residents. She was co-principal investigator for the Robert Wood Johnson Minority Medical Education Program Chicago Consortium for several years and received the African American Women's Business Association Award as well as the American Medical Women's Association Gender Equity Award.

Tacoma is a frequently invited lecturer. She was elected to CAOG membership in 1991 and has served on its program committee. During her three years as a Trustee and now Vice-President she has been a wonderful ambassador for the CAOG. Recently retired and on the emeritus faculty, Tacoma remains available to share her women's healthcare expertise.

Be Sure to Check the New and Improved CAOG Website

CAOG Management Report



Rochelle Hickel

Despite past pandemic challenges, we have survived and can now embrace the excitement of a new venue.

The CAOG office is now in overdrive to make the 2024 Annual Meeting at the Indianapolis Hyatt one of the best ever. This fabulous Motor City, USA is the ideal place to combine in-person science with R&R.

Currently we are trying to collect the last of the 2024 dues and a few owing from 2023. The deadline for new member applications – both active and adjunct – is fast approaching (July 1st) so please submit these to me promptly to qualify for your active new member registration rebate. The membership committee will be meeting later this summer.

Also continue to send updates for e-mails, telephone numbers and addresses on a timely basis. Don't forget to check our website for the latest information as well. Your PTO fund donations are welcome anytime.

This issue of the CAOG Newsletter contains the Annual Meeting Information, Preliminary Program and Meeting Registration form.

Indianapolis is well known to many but if you need any help with activity suggestions for October, please let me know soon or go online anytime. Early reservations are recommended.

The Program Committee has been receiving abstracts. The top 22 will be selected for oral presentation and most of the rest for poster presentations. All the presenters will be notified in early June. The Call for Discussants will follow by e-mail about a week later. Your participation is always most appreciated.

Our office continues to field a wide variety of questions and comments on a daily basis. Although we don't always know the answer immediately, we can find most of them promptly. We appreciate your ongoing support and CAOG enthusiasm. Enjoy Summer and then extend it by coming to Indianapolis.

Rochelle Hickel, Executive Director

See you at the Home of the INDY 500 !!