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www.caog.org

Quarterly

CENTRAL ASSOCIATION of
OBSTETRICIANS & GYNECOLOGISTS



"Changing the Face of Women's Health"

NEWSLETTER

Meet Us in Nashville



That's What I Like About Nashville!

Music Hall of Fame and Museum is still a must see for any music lover. Like most great cities you won't have time to see everything but maybe plan a river cruise. Not surprisingly, Nashville is also aiming to become Convention City, USA.

For the visitor Nashville's rowdy music scene, cutting edge creative culture and smart hotels coexist beautifully. Take some time to meet the chefs, performers and designers who are making Nashville the most creative city in the South.

Our OMNI Hotel & Resort is conveniently located within easy walking distance of Lower Broadway with its toe-tapping, spine-chilling vibe and flashing neon exuberance. Endless night life will challenge early morning science attendees.

Y'all enjoy yourselves !!!

The CAOG is proud to combine a long standing tradition of great science with the upbeat country music tempo of Nashville, Tennessee. Visitors to this iconic city often return year after year. Maybe you, too, will want to become a regular.

For a chance to enjoy the best of the CAOG, including old friends and new acquaintances, reserve these dates and make your travel and room reservations immediately. Nashville is always fully booked for fall festivities.

October 25 –28, 2023 OMNI Hotel & Resort

This will be the 1st time ever that the CAOG has held its Annual Scientific Meeting in Nashville. Four previous gatherings have been in Memphis, Tennessee but the last visit was almost 30 years ago! A perennial Condé Nast world travel destination favorite, Nashville is ranked by some as the "Best Up-and Coming City" in America. Steeped in Civil War history 160 years ago, Nashville is today not only MUSIC CITY, USA but also Food City, Start-up City and Sports City. People are coming in droves. Maybe it should be called Boom City, USA.

Everyone who has visited Nashville has their favorite dining spots and watering holes. Even if country music is not your thing the Country

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Special points of interest:

- Nashville meeting information
- Registration forms are lagging – Return now
- New member ballot & committee interest form just e-mailed to active members only
- Update your e-mail, phone & address
- Unpaid dues kindly requested STAT

Officers

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Join on X, formerly Twitter @TheCAOG

Questions? andrew.wagner@nm.org

Message from the President . . .



Hi all!

I hope that everyone has been enjoying their summer. For those of us in a northern climate where we're cooped up for the winter, it's a time to soak up the sun. For some of our southwest members, isn't air conditioning a wonderful thing? If time permitted, hopefully you were able to adventure somewhere fun. If not, we're two short months away from traveling to Nashville for the 90th Annual Meeting of the Central Association of Obstetricians and Gynecologists.

Andrew F. Wagner, M.D.

At the beginning of August, I spent my 13th year volunteering as a summer camp physician at Camp Interlaken Jewish Community Center in Eagle River, WI. It is a beautiful and very special place to me and my whole family. Me, my brother, my sister-in-law, and my son were all campers and counselors

there. In fact, we started going there back in 1980, when my father, Alan Wagner, a former CAOG member, started volunteering as camp doctor. One of my med school rotations at the University of Wisconsin during the summer of 1998 was at a hospital 15 minutes away. I chose this preceptorship rotation there because I love the area and so I could visit Camp a little when my brother was a counselor that summer. When I spent some time shadowing one of the camp doctors on a random Friday afternoon, I realized that, once I was out in practice, I would follow in my dad's footsteps and give back to a place that had been so important to me. This new tradition started in the summer of 2008.

(continued on p7)

Meet Your CAOG Trustees



Veronica T. Mallett, M.D., is a Detroit native who completed undergraduate work at Barnard College Columbia University in New York City. She returned to East Lansing for medical school at Michigan State University followed by her OB-Gyn residency and Urological Gynecology Fellowship at Wayne State University in Detroit. Her academic career began there followed by successive professor and chair of OB-Gyn appointments at the University of Tennessee in Memphis, Texas Tech University in El Paso and Meharry Medical College in Nashville, where she served as Dean. Dr. Mallett is now Director of Common Spirit Health at Nashville's Morehouse SOM. Along the way she also earned a Masters in Medical Management at Carnegie Mellon University.

Dr. Veronica Mallett Dr. Mallett's curriculum vitae is replete with memberships in national and international professional societies, honors and awards and both academic and community service accolades. Her administrative and committee appointments are equally impressive as are her teaching activities. Research grants for she and her colleagues exceed 6 million dollars. Dr. Mallett's peer reviewed publications, books, chapters and published abstracts exceed the century mark. These are easily eclipsed by her invited presentations, seminars, lectures and her availability to the media. Never one to say "No," Veronica was elected to CAOG membership in 1999 and has generously served as a Trustee these last three years. Her efforts are always appreciated and serve as a role model to younger members in training and in practice.



Dr. Tacoma McKnight

Tacoma A. McKnight, M.D. is a testament to the Chicago, Illinois educational system beginning with the Robert Lindblom Technical High School. Northwestern University provided her undergraduate, medical school and OB-Gyn residency training. Needless to say her academic career continued at the Northwestern University Feinberg School of Medicine where she is now an associate professor of obstetrics and gynecology. At Northwestern, she has served on the medical faculty foundation board of directors and the campus diversity board as well as the alumni board.

Dr. McKnight is ABOG certified and continually recertified and has been awarded the APGO Excellence in Teaching award. She is a frequent recipient of other faculty teaching awards and serves as a role model for medical students and OB-Gyn residents. A long serving member on Northwestern committees she is always ready to assist when requested and is continuously sought out as a mentor and advisor to high school students, medical students and residents. She was co-principal investigator for the Robert Wood Johnson Minority Medical Education Program Chicago Consortium for several years and received the African American Women's Business Association Award as well as the American Medical Women's Association Gender Equity Award.

Tacoma is a frequently invited lecturer and was elected to CAOG membership in 1991 and has served on its program committee. During her three years as a Trustee she has been a wonderful ambassador for the CAOG.

THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



90TH ANNUAL MEETING
OCTOBER 25 – 28, 2023
(WEDNESDAY – SATURDAY)

THE OMNI HOTEL AND RESORT
250 REP. JOHN LEWIS WAY SOUTH
NASHVILLE, TENNESSEE



**CONFERENCE
INFORMATION
AND
REGISTRATION**



**MUSIC
CITY
IN
2023 !**

WELCOME TO NASHVILLE, TENNESSEE

Final plans are almost complete for the 90th Annual Scientific Meeting of the Central Association of OB-Gyn at the OMNI Hotel and Resort in downtown Nashville. Ranked by many as the “Best Up-and-Coming City” in America, Nashville has long been the Home of Country Music but now is so much more. It’s not just visitors who are flocking to Nashville these days but permanent residents as well. Nashville has some of the same southern charm we enjoyed last year in Charleston, South Carolina but with a rowdier cutting edge atmosphere. Reserve your hotel rooms and these dates immediately: **October 25, 26, 27 and 28, 2023**. On behalf of the Officers and Trustees, please join us in celebrating our great tradition of science and fellowship that is your Central Association.

Andy Wagner, M.D. – President, CAOG

About The OMNI: Location is the key – only 20 minutes from the Nashville Airport with easy access to everything. An easy walk to Lower Broadway means you will not have to fight traffic congestion by driving. The OMNI was built in 2013. It’s 800 rooms extend to 21 floors with plenty of meeting and event space. No wonder everyone raves about the venue. There is also a nearby Hop On/ Hop Off trolley if that is your pleasure. Like most great self contained venues you never have to leave the OMNI but then you would miss all the local excitement surrounding the hotel. The weather should be perfect in late October so make Nashville with the CAOG your fall CME priority.

Room Reservations: The CAOG has reserved a block of rooms for the meeting starting at \$339.00 per night (plus tax). To take advantage of this incredibly favorable rate, please be certain to identify yourself with the Central Association OB-Gyn when registering. For room and other information please contact The OMNI reservation desk directly at **(615) 782-5300 and ask for CAOG Annual Meeting**. Or go to caog.org for a direct link.

Our room block must sell out. Please support the CAOG by attending the Annual Meeting and using the OMNI. We have contracted for this room block; however The OMNI (and most other rooms in downtown Nashville) all sell out during October weekends. Call the CAOG office at 1-701-838-8323 if you need any help.

Southern Dining: Always ranked highly as one of the best dining cities anywhere, Nashville has a reputation for being “Food City.” No matter your tastes or budget you won’t be disappointed. You can never go wrong at almost any bistro, local eatery, tasty confectionery or fancy dining emporium. Just make reservations in advance unless you prefer to savor the unpredictability of a lucky find at the last minute! The OMNI itself has Bob’s Steak & Chop House, Barlines comfort food & libations and BONGO, the perfect coffee house.

Entertainment: You will not have enough time to enjoy the wealth of everything Nashville has to offer. The double decker bus tour is always popular with first time visitors. If country music is your thing you’ll think you died and went to heaven. Marvel at all the tributes to music legends but even stars have to begin somewhere in Nashville, so you just might be lucky enough to hear some great performers on their way up. Begin your Nashville quest at the Country Music Hall of Fame and Museum which is fully integrated with the OMNI Hotel.

Spouse/Guest Program....

Following the traditional Spouse and Guest reception Thursday morning you will be treated to a self guided tour of the Country Music Hall of Fame & Museum. What an introduction to MUSIC CITY, USA. This will set the stage for your personal tour of downtown Nashville during the course of the meeting. With so much to do and so little time available, plan to return on your own in the future! You will not be disappointed.

Scientific Program....

Original scientific research will be the focus of 22 oral presentations and nearly twice as many poster presentations. Sunrise lectures, hot topics, and invited guest speakers will further highlight this outstanding CAOG program. The practice of medicine continually changes around us. Please review the enclosed final program designed to help everyone stay abreast of these changes. You won’t want to miss a single talk.

2023 Final	WEDNESDAY, OCTOBER 25, 2023		CAOG PROGRAM
1:00 – 5:00 p.m.	General Registration (also continues each morning of meeting days)		
6:00 – 9:00 p.m.	Welcome Reception /Exhibit Hall Opens (all attendees invited)		
THURSDAY, OCTOBER 26, 2023			
6:15 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits		
6:30 – 7:30 a.m.	Sunrise Lecture	“Fourth Trimester Pregnancy Problems” Heidi L. Thorson, M.D., Minneapolis, MN	
7:30 a.m.	Opening Remarks		
7:30 – 8:30 a.m.	Hot Topic	“Exposed: The Hidden History of the Pelvic Exam” Wendy Kline, Ph.D., Purdue Univ., West Lafayette, IN	
8:30 – 10:00 a.m.	Original Research Paper Presentations		
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits		
10:45 – 11:30 a.m.	Hot Topic	“Beyond the Scalpel: Pioneering the Surgical Frontier – Evolution and Future in Ob-Gyn Training” Teresa Tam, M.D., All for Women Healthcare, Chicago, IL	
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations		
12:30 – 1:30 p.m.	Hot Topic	“Future Impact of Ob-Gyn and Specialty Growth in the United States” William F. Rayburn, M.D., Medical Univ. of South Carolina, Charleston, SC	
FRIDAY, OCTOBER 27, 2023			
6:15 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits		
6:30 – 7:30 a.m.	Sunrise Lecture	“Management of Headache in Pregnancy and Lactation” Catherine S. Stika, M.D., Northwestern University, Chicago, IL	
7:30 – 9:00 a.m.	Original Research Paper Presentations		
9:00 – 9:45 a.m.	Hot Topic	“Ob-Gyn Residency Challenges Today: Panel Discussion” Dr’s. Rayburn, Goodman and Van Hook	
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits		
10:30 – 11:30 a.m.	Original Research Paper Presentations		
11:30 am – 12:15 p.m.	Keynote Address	“Do You See Me? Paintings of Postpartum Trauma and Healing” Physician’s Approach for Patient Advocacy S. Abbas Shobeiri, M.D., MBA, Inova Health System, Falls Church, VA	
12:15 – 1:00 p.m.	Presidential Address	“Life Outside of Medicine: Lake Finley and Some Cow Fonque” Andrew F. Wagner, M.D., Northwestern Univ., Chicago IL	
1:00 – 1:30 p.m.	Annual Business Meeting CAOG		
6:00 – 10:00 p.m.	Farewell Reception/Dinner (all attendees invited)		
SATURDAY, OCTOBER 28, 2023			
6:15 – 6:30 a.m.	Continental Breakfast		
6:30 – 7:30 a.m.	Sunrise Lecture	“Laparoscopic Surgery in the Pregnant Patients for non-Obstetrical Indications” Ted L. Anderson, M.D., Ph.D., Vanderbilt Univ. Med. Center, Nashville, TN	
7:30 – 9:00 a.m.	Original Research Paper Presentations		
9:00 – 9:30 a.m.	Break/Refreshments		
9:30 – 10:30 a.m.	Hot Topic	“Gender Equity in Medicine and Leadership: Balancing the Scales” Luissa V. Kiprono, D.O., San Antonio, TX	
10:30 – 12:00 noon	Original Research Paper Presentations		
12:00 noon	Adjourn		



Visit Historic Downtown Nashville – Music City U.S.A.



Beautiful Nashville, Tennessee Skyline

President’s message (continued from p2)

Being a camp doctor has different challenges than being a reproductive geneticist at an academic medical center. “Camp crud” (viral URIs), pink eye, ear infections, sprains, cuts, H1N1 (2009), Shigella (2013), COVID (2022) is not the same as ultrasound abnormalities, prenatal diagnostic procedures, hereditary predisposition to cancer, teaching residents, and division meetings. It’s medicine, but, to me, it is part of my life outside medicine. It makes me smile, keeps me grounded, gives me an opportunity to give back, and I get a chance to water ski and sail yearly. I will be speaking more on Life Outside of Medicine: **“Lake Finley and Some Cow Fonque”** as my Presidential Address on October 27th.

I have one last thing going back to 2008. Another career goal which I had since residency that I achieved in 2008 was being elected to membership in CAOG. Relatively soon after passing my Oral Boards in November 2007, I started my application process. Attendance at Central meetings has become another family tradition, and I hope to see y’all in Nashville.

Respectfully,
 Andrew F. Wagner, MD, FACMG, FACOG, CAOG President



**Busy Lower Broadway
 Downtown Nashville**

Bylaws Encourage Minimum Attendance

Provisional active members must attend at least one Annual Meeting following election to become a full Active Member. Active Members are encouraged to attend at least one Annual Meeting every three years. These are minimum attendance recommendations. The CAOG encourages members to consider annual participation. Make CAOG your priority.

Member Attendance Honor Roll

Special recognition is extended to the following physicians who have currently attended five or more consecutive meetings. An asterisk (*) denotes perfect attendance since election to membership. [The 2001 Annual Meeting was cancelled following 9/11 and the 2020 meeting was cancelled by the Covid-19 pandemic.]

Fran Popper	27*	Deborah C. Sherman	10
Robert J. Sokol	24	Lee P. Shulman	10
J. Coffy Pieternelle	21*	Andrew F. Wagner	9
Karolina Adam	21	James W. Van Hook	8
Joanie Y. Hare	17*	Theresa L. Robinson	7
Robert J. Wester	17	Leah N. Delfinado	6*
Michael G. Flax	16	Vanessa M. Barnabei	6
Elliot M. Levine	16	David M. Haas	6
Emily A. DeFranco	11*	John W. Calkins	5
David A. Billings	11	Susan M. Mou	5
Mark I. Evans	11		

CAOG members are loyal !

This Honor Roll is a most appreciative salute to CAOG members who regularly attend annual meetings. Add to your current streak of consecutive attendance record in 2023. Don't forget to sign the official green registration cards !

New Member Recruitment Essential to CAOG

Rochelle Hickel, CAOG
P.O. Box 3010
Minot, ND 58702-3010
Call for Shipping Address

Phone: 701-838-8323
Fax: 701-852-8733
E-mail: rhickel@caog.org

Even as active members review the e-mailed ballot of new members for 2023, continue to think of someone who might be good for the CAOG and vice versa. Please help us to grow!

Application forms for both active and adjunct members are available from the CAOG Office and both are also on the website. Because signatures of both applicants and endorsers are required, **a hard copy must be mailed**. The deadline for consideration at the 2024 Annual Meeting is **July 1st, 2024**. Don't miss the deadline by waiting until the last minute to apply.

A special thanks to the following CAOG members who have served as an endorser for one or more of the 7 active and 2 adjunct new membership applications this year. Please plan to add your name to this list next year. We continuously need successful recruiting efforts.

Women's Health Care Leaders

Jean R. Goodman, M.D.
David M. Haas, M.D., M.S.
Stephen R. Locher, M.D.

Dennis J. Lutz, M.D.
Susan M. Mou, M.D.
Tiffany R. Tonismae, M.D.

WE'RE ON THE WEB!
WWW.CAOG.ORG



PRIORITY #1: More New Members in 2024

CAOG Management Report



Rochelle Hickel
Executive Director

The CAOG office is in full swing to prepare for the Nashville Annual Meeting. The program looks great, the venue is southern charm and the Central has always been about members getting together. Rooms are disappearing and time is running out! Please send in your registration forms today so we can match the rooming list.

A special thanks to everyone who has been involved in the abstract/paper/poster process, including all the authors and discussants. There is much more final detail work to be done with the Annual Meeting just two months away. Please introduce yourself to each new member (yellow ribbon name tag) you see in Tennessee. Make them feel welcome and wanted !

We are trying to collect the last of the unpaid dues for 2023 and a few still owing from 2022. If you are delinquent, please respond to the dues reminder notice you should have received recently. The CAOG needs your membership and support. Thank you for prompt payment.

Finally, reserve your rooms for the OMNI Hotel as soon as possible. During Autumn and cooler weather Nashville is sold out, including restaurant reservations. Confirm all your travel plans now, especially flights and rental cars, to avoid disappointment. Call me if you have any questions or run into problems. Thanks again. Enjoy what remains of summer.

Rochelle

PTO "Endowment" Fund Appeal

As noted in previous newsletters, the endowment fund still needs vigorous growth to augment current and future CAOG Awards. Contributions are continuously being solicited and donors will be recognized in both the quarterly Newsletter and the Annual Scientific Program booklet. Any amount is sincerely appreciated. Become a much valued P.T.O. Fund contributor today !

Adjunct members are encouraged to apply for active membership as soon as possible following ABOG certification.