

May 2023

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CENTRAL ASSOCIATION of  
OBSTETRICIANS & GYNECOLOGISTS



"Changing the Face of Women's Health"

Quarterly

# NEWSLETTER

## Message from the President. . . .



Andrew F. Wagner, M.D.

### Happy Spring!

Depending on where you're reading this from, spring may have just arrived or it's been warm for some time now. Here in Chicagoland the trees are just starting to bud, and many here are putting together abstracts for the upcoming **90th Annual Meeting of the Central Association of Obstetricians and Gynecologists this coming October 25-28 at the OMNI in Nashville, TN.** The abstract deadline has been extended to May 22<sup>nd</sup>, so please try to submit one and encourage your colleagues and trainees to do the same.

At the Cancun meeting in 2019, Dr Vanessa Barnabei's theme was wellness. Our residency program at Northwestern has a wellness chief and our department has a faculty member who arranges wellness events. Making sure we had time to chill out and breathe was always implied even when I was a trainee back in the days [exact dates redacted since I'm "relatively" young]. Still it was something we had to do on our own time. Since moving to the Chicago area, I have found my way into two community bands, and because of COVID lockdowns, you can frequently find me playing songs on the saxophone on Facebook live, later posted to YouTube (<https://youtube.com/@afwagner>).

Work takes up much of our lives. Electronic health records are an increasing percent of that, whether we like it or not. After I finish writing this, I'm sure I will go and play catch up with tasks on Epic; however, we all need to find balance. One of the best things about Central meetings is that science is just the first half of the day. Then you have the afternoon and evening to explore the sights of our host city and hang out with friends, colleagues and mentors. Although it is difficult to arrange in our lives, we all need to set time aside for ourselves.

What are your passions? What are your interests outside of medicine? How do they help you get through your day? How do they make you a better OB-Gyn? These are things I'm planning on talking about at my currently untitled Presidential Address. As a preview, I will talk about how skills I learned in jazz improvisation helped me in the operating room. Please send examples of your outside interests by tweeting a picture to **#lifeoutsidemedicine and tagging @TheCAOG**. Also, if you have a song request for my Presidential Address, please let me know. We'll see you in October! **Andy**

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### Special points of interest:

- Call for discussants to be emailed in June
- Recruit a new CAOG member today for Registration Rebate
- Unpaid dues kindly requested ASAP
- Thanks to every 2023 PTO Contributor
- Nashville Registration Form and Preliminary Program enclosed

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Questions? [andrew.wagner@nm.org](mailto:andrew.wagner@nm.org)

## CAOG Returns to Tennessee

For its 90th Annual Meeting the CAOG makes its 5th trip to Tennessee at a new venue in a new city. The CAOG enjoyed the Peabody Hotel in Memphis in 1932, 1952, 1969 and 1994. Now almost 30 years later we visit Nashville, ranked by some as the “Best Up-and-Coming City” in America. These days Nashville is so much more than MUSIC CITY, USA. While the Grand Ole Opry and its Ryman Auditorium is still a must-visit, Nashville is Food City, Startup City, Sports City – and people are coming in droves. From 2010 to 2020 the population has increased by 20% and 200,000 more are expected in the next 5 years.

Everyone who has visited Nashville has their favorite dining spots and watering holes. Even if country music is not your thing, the Country Music Hall of Fame and Museum is still a must for lovers of any music genre. That means Hank Williams, Johnny Cash, Patsy Cline, Elvis and so many other legends. Like most great cities you won't have time to see everything so plan to come back, probably more than once. Nashville is striving to become Convention City, USA.

For the visitor Nashville's rowdy music scene, cutting edge creative culture and smart hotels coexist beautifully. Spend a few days here and meet some of the chefs, performers and designers who are making Nashville the most creative city in the South. Our OMNI Hotel is conveniently located within easy walking distance of Lower Broadway with its toe-tapping spine chilling music and flashing neon exuberance. The countryside is gorgeous as well but that will require at least another visit or two. The CAOG awaits you in NASHVILLE !!



**Busy Lower Broadway  
Downtown Nashville**

**Time is running out to  
process 2023 new  
member applications.**

### PROVISIONAL MEMBERS

**Reminder: All provisional active members should attend one of the two Annual Meetings following their election to complete the application process and be presented a membership certificate.**

## MEMBERSHIP MATTERS

### New Members Needed

The vitality and future growth of the CAOG requires new members. If you know someone who should be considered for CAOG membership, either active or adjunct, please encourage them to send in an application. Application forms are available online. **The deadline is July 1, 2023** for receipt of completed applications in the CAOG office.

Adjunct members are also reminded that they are required to apply for active membership once they become board certified.

### 2023 Meeting Active Member Rebate

**For each new active member application you endorse, receive a \$100 rebate from your Nashville registration fee to a maximum of \$500 !  
(That equals 5 new members each)**

# THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



**90TH ANNUAL MEETING**  
**OCTOBER 25 – 28, 2023**  
**(WEDNESDAY – SATURDAY)**

**THE OMNI HOTEL AND RESORT**  
**250 REP. JOHN LEWIS WAY SOUTH**  
**NASHVILLE, TENNESSEE**



**CONFERENCE  
INFORMATION  
AND  
REGISTRATION**



**MUSIC  
CITY  
IN  
2023 !**

# WELCOME TO NASHVILLE, TENNESSEE

Final plans are almost complete for the 90<sup>th</sup> Annual Scientific Meeting of the Central Association of OB-Gyn at the OMNI Hotel and Resort in downtown Nashville. Ranked by many as the “Best Up-and-Coming City” in America, Nashville has long been the Home of Country Music but now is so much more. It’s not just visitors who are flocking to Nashville these days but permanent residents as well. Nashville has some of the same southern charm we enjoyed last year in Charleston, South Carolina but with a rowdier cutting edge atmosphere. Reserve your hotel rooms and these dates immediately: **October 25, 26, 27 and 28, 2023**. On behalf of the Officers and Trustees, please join us in celebrating our great tradition of science and fellowship that is your Central Association.

Andy Wagner, M.D. – President, CAOG

**About The OMNI:** Location is the key – only 20 minutes from the Nashville Airport with easy access to everything. An easy walk to Lower Broadway means you will not have to fight traffic congestion by driving. The OMNI was built in 2013. It’s 800 rooms extend to 21 floors with plenty of meeting and event space. No wonder everyone raves about the venue. There is also a nearby Hop On/ Hop Off trolley if that is your pleasure. Like most great self contained venues you never have to leave the OMNI but then you would miss all the local excitement surrounding the hotel. The weather should be perfect in late October so make Nashville with the CAOG your fall CME priority.

**Room Reservations:** The CAOG has reserved a block of rooms for the meeting starting at \$339.00 per night (plus tax). To take advantage of this incredibly favorable rate, please be certain to identify yourself with the Central Association OB-Gyn when registering. For room and other information please contact The OMNI reservation desk directly at **(615) 782-5300 and ask for CAOG Annual Meeting**. Or go to [caog.org](http://caog.org) for a direct link.

Our room block must sell out. Please support the CAOG by attending the Annual Meeting and using the OMNI. We have contracted for this room block; however The OMNI (and most other rooms in downtown Nashville) all sell out during October weekends. Call the CAOG office at 1-701-838-8323 if you need any help.

**Southern Dining:** Always ranked highly as one of the best dining cities anywhere, Nashville has a reputation for being “Food City.” No matter your tastes or budget you won’t be disappointed. You can never go wrong at almost any bistro, local eatery, tasty confectionery or fancy dining emporium. Just make reservations in advance unless you prefer to savor the unpredictability of a lucky find at the last minute! The OMNI itself has Bob’s Steak & Chop House, Barlines comfort food & libations and BONGO, the perfect coffee house.

**Entertainment:** You will not have enough time to enjoy the wealth of everything Nashville has to offer. The double decker bus tour is always popular with first time visitors. If country music is your thing you’ll think you died and went to heaven. Marvel at all the tributes to music legends but even stars have to begin somewhere in Nashville, so you just might be lucky enough to hear some great performers on their way up. Begin your Nashville quest at the Country Music Hall of Fame and Museum which is fully integrated with the OMNI Hotel.

## Spouse/Guest Program....

Following the traditional Spouse and Guest reception Thursday morning you will be treated to a self guided tour of the Country Music Hall of Fame & Museum. What an introduction to MUSIC CITY, USA. This will set the stage for your personal tour of downtown Nashville during the course of the meeting. With so much to do and so little time available, plan to return on your own in the future! You will not be disappointed.

## Scientific Program....

Original scientific research will be the focus of 22 oral presentations and nearly twice as many poster presentations. Sunrise lectures, hot topics, and invited guest speakers will further highlight this outstanding CAOG program. The practice of medicine continually changes around us. Please review the enclosed preliminary program designed to help everyone stay abreast of these changes. You won’t want to miss a single talk.

2023 PRELIMINARY		WEDNESDAY, OCTOBER 25, 2023		CAOG PROGRAM
1:00 – 5:00 p.m.	General Registration (also continues each morning of meeting days)			
6:00 – 9:00 p.m.	Welcome Reception /Exhibit Hall Opens (all attendees invited)			
<b>THURSDAY, OCTOBER 26, 2023</b>				
6:15 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“Fourth Trimester Pregnancy Problems” Heidi L. Thorson, M.D., Minneapolis, MN		
7:30 a.m.	Opening Remarks			
7:30 – 8:30 a.m.	Hot Topic	“History of the Pelvic Exam: What You Never Knew” Wendy Kline, Ph.D., Purdue Univ., West Lafayette, IN		
8:30 – 10:00 a.m.	Original Research Paper Presentations			
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits			
10:45 – 11:30 a.m.	Hot Topic	“Evolution and Future in Surgical Training” Speaker TBD – American College of Surgeons		
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations			
12:30 – 1:30 p.m.	Hot Topic	“Future Impact of Ob-Gyn and Specialty Growth in the United States” William F. Rayburn, M.D., Medical Univ. of South Carolina, Charleston, SC		
<b>FRIDAY, OCTOBER 27, 2023</b>				
6:15 – 6:30 a.m.	Continental Breakfast – Scientific Posters/Exhibits			
6:30 – 7:30 a.m.	Sunrise Lecture	“Management of Headache in Pregnancy and Lactation” Catherine S. Stika, M.D., Northwestern University, Chicago, IL		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:45 a.m.	Hot Topic	“Ob-Gyn Residency Challenges Today: Panel Discussion” Dr’s. Rayburn, Benden, Goodman, Van Hook, and TBD		
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits			
10:30 – 11:30 a.m.	Original Research Paper Presentations			
11:30 am – 12:15 p.m.	Keynote Address	“Passions Outside of Medicine Helps Avoid Burnout” S. Abbas Shobeiri, M.D., MBA, Inova Health System, Falls Church, VA		
12:15 – 1:00 p.m.	Presidential Address	“To Be Announced” Andrew F. Wagner, M.D., Northwestern Univ., Chicago IL		
1:00 – 1:30 p.m.	Annual Business Meeting CAOG			
6:00 – 10:00 p.m.	Farewell Reception/Dinner (all attendees invited)			
<b>SATURDAY, OCTOBER 28, 2023</b>				
6:15 – 6:30 a.m.	Continental Breakfast			
6:30 – 7:30 a.m.	Sunrise Lecture	“Laparoscopic Surgery on Pregnant Patients for non-Obstetrical Indications” Ted L. Anderson, M.D., Ph.D., Vanderbilt Univ. Med. Center, Nashville, TN		
7:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 9:30 a.m.	Break/Refreshments			
9:30 – 10:30 a.m.	Hot Topic	“Gender Equity in Ob-Gyn: Balancing the Scales” Luissa V. Kiprono, D.O., San Antonio, TX		
10:30 – 12:00 noon	Original Research Paper Presentations			
12:00 noon	Adjourn			



**Visit Historic Downtown Nashville – Music City U.S.A.**



**Beautiful Nashville, Tennessee Skyline**



## PTO “Endowment” Fund Update

In 1994 the CAOG established the PTO Fund (Presidents-Trustees-Officers) and initially solicited voluntary contributions from all past presidents, past board members and past officers to supplement the operating funds. As noted in past Newsletters, this restricted endowment fund needs to grow since only interest income can be used to provide CAOG Award stipends. With interest rates recently so low this will be a continuing challenge for years to come.

Contributions continue to be solicited from all members. Donor names are published in both the quarterly Newsletter and the Annual Scientific Program (**any size contribution is most appreciated**). Thanks to these 2023 early bird supporters whom the CAOG is proud to recognize:

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CAOG MAY 2023

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## Women's Health Care Leaders

WE'RE ON THE WEB!  
[WWW.CAOG.ORG](http://WWW.CAOG.ORG)



## Meet Your CAOG Vice President

**Charles W. Schauberger, M.D.** is an Iowa native who completed undergraduate studies at Iowa State University in Ames before moving to the University of Iowa in Iowa City for his M.D. He remained there for his OB-Gyn residency. Following residency he joined what is now called the Gundersen Health System Eastern Iowa Health Center in LaCrosse, Wisconsin. A longtime board certified OB-Gyn, Dr. Schauberger also became certified by the American Board of Preventive Medicine (addiction) in 2019 but was Director of his hospital's Addiction Medicine Division for 20 years before that.



**Dr. Charles Schauberger**

Dr. Schauberger received his M.S. in Administrative Medicine at the University of Wisconsin, Madison and was certified as a Physician Executive (CPE) in 2010. After 20 years in OB-Gyn clinical practice he took a 2<sup>1/2</sup> year hiatus to be Vice President/ Chief Medical Officer at St. Luke's Hospital in Cedar Rapids, Iowa before returning to the Gundersen Health System. Over the years he has served in almost every leadership capacity at Gundersen. Dr. Schauberger has been especially interested in health related policy and committee work for the state of Wisconsin, the American Society of Addiction Medicine and most recently the World Health Organization efforts on vaccines.

Dr. Schauberger is well published on both OB and Gyn topics and has served as a journal reviewer for AJOG, Obstetrics and Gynecology and the Journal of Addictive Medicine. Chuck was elected to CAOG membership in 1987 and has always been a staunch supporter of community based academic efforts. His passion as a role model for physicians in training and in the CAOG are much appreciated.

**Be Sure to Check the New and Improved CAOG Website**



**Rochelle Hickel**

**Despite the pandemic challenges, we have survived and can now embrace the excitement of a new venue.**

## CAOG Management Report

The CAOG office is now in overdrive to make the 2023 Annual Meeting at the Nashville OMNI one of the best ever. This fabulous Music City, USA is the ideal place to combine in-person science with R&R.

Currently we are trying to collect the last of the 2023 dues and a few owing from 2022. The deadline for new member applications – both active and adjunct – is fast approaching (July 1<sup>st</sup>) so please submit these to me promptly to qualify for your active new member registration rebate. The membership committee will be meeting later this summer.

Also continue to send updates for e-mails, telephone numbers and addresses on a timely basis. Don't forget to check our website for the latest information as well. Your PTO fund donations are welcome anytime, as well.

This issue of the CAOG Newsletter contains the Annual Meeting Information, Preliminary Program and Meeting Registration form.

Nashville is well known to many but if you need any help with activity suggestions for October, please let me know soon or go online anytime. Early reservations are recommended.

The Program Committee has been receiving abstracts. The top 22 will be selected for oral presentation and most of the rest for poster presentations. All the presenters will be notified in early June. The Call for Discussants will follow by e-mail about a week later. Your participation is always most appreciated.

Our office continues to field a wide variety of questions and comments on a daily basis. Although we don't always know the answer immediately, we can find most of them promptly. We appreciate your ongoing support and CAOG enthusiasm. Enjoy Summer and then extend it by coming to Nashville.

Rochelle Hickel, Executive Director

See you at the Home of Country Music !!